DEPARTMENT OF PSYCHOLOGY



Chaudhary Ranbir Singh University, Jind (Established by the State Legislature Act 28 of 2014)



No. CRSU/Psy./2017/.09-26

Date: January 12, 2017

All Chairpersons of UTD' are informed that Department of Psychology has introduced CBCS scheme in M.A. Psychology. In this programme, the department offer one options as Open Elective Course i.e.

1. Understanding Behaviour (Syllabus Overleaf)

Therefore, all the chairpersons/ Incharges of UTD's are requested to encourage & motivate their students to opt. for the option stated above as their Open Elective Course.

Dr. Shiv Kumar 12/01/201

Incharge

Dept. of Psychology

Prof. R.B. Solanki

Chairman

Dept. of Psychology

Copy to:

- 1. All Chairpersons/ Incharges of UTD's CRSU, Jind
- 2. PA to Registrar (For kind information to Registrar)
- 3. PA to V.C (For kind information of the V.C)

UNDERSTANDING BEHAVIOUR

Psy-205

Max. Marks=100

Theory=80; Internal=20

Time=3 Hours

Note: The question paper shall consist of NINE questions. The candidate will have to attempt FIVE questions, selecting ONE question from each unit. The first question will be compulsory and will include 8 short answer questions spread over entire syllabus. The remaining EIGHT questions will be set taking TWO questions from each unit. Each question will carry 16 marks.

Unit - I

Psychology as a scientific discipline, Nature & Nurture issues; Determinants of behavior; Fields & Scope of Psychology. What are the other related disciplines of psychology. Methods: Naturalistic Observation, Laboratory Observation, Interviews, Case studies and Surveys.

Unit - II

Sensation: Nature and Processes; Vision and Audition; Perception: Nature & Processes, Perceptual organization. learning: Nature; Trial and Error, Insight, Conditioning.

Unit- III

Memory-Types, Determinants of Memory, Memory distortion-Improving memory .Memory in everyday life. Forgetting, Nature; Techniques of improving memory; Mnemonics, Chunking. Attitude Formation and Change of attitude. Intelligence and Concepts of measurement: Determinants of Intelligence. Role of heredity and Environment. Personality Development & Types; Self development and Impression management.

Unit - IV

Definition and criteria of psychological abnormality: Theoretical Perspectives: Psychodynamic, Behavioral; Applications of Psychological testing, clinical, organizational, educational and military settings. Ethical issues in psychological testing.

References:

- 1. Baron, R.A. (2007). Psychology (Fifth edition) New Delhi: Pearson Prentice-Hall of India.
- 2. Chaplin, P., & Kraweic, T.S. (1974). System and Theories in Psychology. New York: Holt, Rinehart & Winston.
- 3. Morgan, C.T. (1965). Physiological Psychology (3rd edition) Tokyo: McGraw Hill Kogakusha.
- 4. Kazdin, A. E. (2001). Behaviour Modification in Applied settings, 6th Ed. Wadsworth
- 5. Bergin, A. E., & Garfield, S. L. (Eds.) (1994) Handbook of Psychotherapy and Behaviour Change. (4th Ed.). New York: Wiley.
- 6. Hersen, M., Kazdin, A. E., & Bellack, A. S. (1991) The Clinical Psychology Handbook Pergamon. New York.
- 7. Sweet, J. J., Rozensky, A. & Tovian, S. M. (1991) Handbook of Clinical Psychology in Clinical Practice. New York: Plenum.
- 8. Smith, E.E. & Kosslyn, (2007). Cognitive psychology: Mind and brain. Prentice Hall.